

# Primary Care Innovation

Minor surgery and complex care within high secure primary  
healthcare services

Nottinghamshire Healthcare NHS Trust

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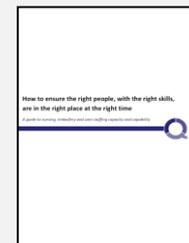
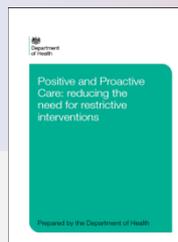
## Why we need to deliver complex care in High Secure Hospital

1. Our service fits around the patient demonstrating **patient centred care**.
2. Responding to **National Policy**.
3. Progressing forward with **creativity and innovation** for the long term.

# Reason 1

## Responding to National Policy.

- **NHS mandate** – enhancing QOL for LTC, recovery from illness or disease
- **Carter review** – opportunities for efficiencies by reducing variation, skill mix
- **5YFV** – greater patient control over their care, breaking barriers down for multiple health issues (physical/mental, health and social care), integrating primary and acute care,
- **Achieving better access** – ending unfair exclusion, faster assessment
- **Compassion in practice** – staff demonstrating values and skills, assessing patient experience more, helping staff to make every contact count, leading by example, living 6 C's.
- **Positive and proactive care** – keeping people safe & promoting recovery, least restrictive first, involve the patient, individual support plans
- **Guidance for access waiting times** – mental health on a par with physical health, operating waiting times
- **No decision about me, without me** – patient first, joint decision making, informed choices working towards better patient outcomes.
- **NQB**, right people, right skills, right place, right time. Responsible staffing, supportive environment, evidence based workforce planning and commissioning.



## Reason 2

# Our service fits around the patient demonstrating patient centred care.

We looked at the complexity and dynamics of person-centred working and how important it is to put the patients at the heart of decision making to achieve person-centred care.



### Positive outcomes for the patients

- Removing the need for general anaesthetic
- Reduced the length of time for overall treatment
- Reduced likelihood of contracting HCAI's
- Communicate with patients during the surgery around the number and type of items within the wound
- No need for restraint
- Strong therapeutic relationships with the patients
- Avoid the need to be seen by the public under restraint
- Can return for follow up or further treatment with ease

# Reason 3

Progressing forward with our creativity and innovation for the long term.

- Minor Surgery, estimated 65 times a year.
- Last 6 months we have carried out minor surgery 34 times which is in line with estimate.
- This demonstrates there has been no change in activity by the patients due to the service commencing and we have not seen an increase in activity nor severity of self-harm which was a possibility we considered.

Since this service has begun we have also carried out other initiatives such as the **Breast Screening Van** on site for a few days and a **Women's Day** within the Physical Health Centre to meet the needs of our secluded and hard to engage patients. All of our services require extremely detailed planning particularly around security and assessing risk.



# Patient's words

## Unable to bring a patient

We are unable to bring a patient to the presentation today due to security reasons.

We are also unable to provide a video due to the patient who wanted to take part was unwell at the time of the video recording.

He was able to provide feedback in his words.

## Feedback

- Not have to be put to sleep
- Not have to starve for operation
- Only takes an hour instead of days in hospital
- Respect the staff for taking the time to find items
- Rather have it at Rampton, very caring
- Less embarrassing not having to wear cuffs and no one look